

GATHER THE PEOPLE

Community and Faith-Based Organizing and Development Resources

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PSALM 92

מְזִמּוֹר שִׁיר לְיוֹם הַשַּׁבָּת: טוֹב לְהַדוֹת לַיְי, וּלְזַמֵּר לְשִׁמְךָ עָלֶיךָ:
לְהַגִּיד בַּבֶּקֶר חֶסֶדְךָ וְאַמוּנָתְךָ בְּלִילוֹת: עָלֶי עָשׂוֹר וְעָלֶי נָבֵל, עָלֶי
הַגִּיּוֹן בְּכִנּוֹר:

A psalm, a song for the Sabbath day: It is good to thank God, and to sing praises to your Name on high; to tell of your goodness in the morning, and your faithfulness at night, on a ten-stringed lyre and flute, to the sound of harp.

A psalm—An ancient voice, yet alive, unexpectedly turning my insides out, greeting the unknown in me. **A song**—Lilting, rhythmic and melodious, raising me up. **For the Sabbath day**—For a day to be whole and with God. It is good to thank God—My gratitude is commanded, yet I'm fulfilled in it, renewed and gladdened, even without understanding my thankfulness. **And to sing praises to your Name on high**—Praises sing themselves out of me to the name of my personal cosmic God. **To tell of your goodness in the morning**—At daybreak I tell of the kindness, the blessings that God brings to me, strengthening me to deal with what I must. **And your faithfulness at night**—And in the evening, every night, I tell of God's faithfulness, looking back and remembering: I walked this day with God and Torah, and they were faithful, offering up the vision and the path. **On a ten-stringed lyre and flute, to the sound of harp**—With music and song do I reflect upon all this.