

Nishmat Kol Khai

נִשְׁמַת כָּל חַי, תְּבָרַךְ אֶת שְׁמֶךָ יְיָ אֱלֹהֵינוּ. וְרוּחַ כָּל בָּשָׂר, תִּפְאֵר וּתְרוּמִים זְכָרְךָ
מִלְכֵנוּ תָמִיד.

Nish-mat kol khai, t'va-reikh et shim-kha a-do-nai e-lo-hei-nu. V'ru-akh kol ba-sar t'fa-eir
ut-ro-meim zikh-r'kha mal-kei-nu ta-mid.

The soul of every living being shall bless Your Name, Adonai our God. The spirit of all flesh shall glorify and
raise up Your remembrance, our Ruler forever.

D'rash

The soul of every living being shall bless Your Name, Adonai our God. The spirit of all flesh shall glorify and raise up Your remembrance, our Ruler forever—*Even when we ungratefully bless God exclusively with words, in the absence of deeds, our very existence—that we live (in spirit) and breathe—nonetheless confirms that the Creator's handiwork is praised by us beyond measure.*

Iyun Tefilla

BREATHE IN, BREATHE OUT

What can I do
To bless You?
Even the stars,
By their existence
Praise You,
And the moon too,
Just by hanging there.
And this breath
I am breathing
Just now,
That too
Proclaims You.
That too
Belongs to You.
So what can
I bring?
I bring
Knowing
That to be
Is not to live,
To really live.
I bring You
This breath
Breathed
In making

A blessing
Of myself.

Go to <http://www.gatherthepeople.org> for more congregational development and organizing tools.

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